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# EMOTIONS

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# Emotions

**Teaching by Joyce Meyer**

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# EMOTIONS

## The Dangers Of Impulsive Behavior

### I. Emotions

A. Emotions (defined/Webster's) – Feelings, to excite, to move out; a **complex**, usually strong response that brings physiological changes and prepares you for action.

1. An emotional person is one who relies too much on feelings or places too much value on feelings; their conduct is ruled by feelings and/or they excessively display their feelings.

B. Emotional addictions

1. Those who live by and according to **FEELINGS** are in danger of becoming **emotionally addicted**.
  - a. **Psalm 131:1-3** – Weaning
  - b. **Mark 8:34** – Denial

### II. Shallow Christians

A. **Soulish** or **carnal** – They live, decide, and act according to their **thoughts, feelings, and wants**.

1. I want  
I think  
I feel
2. **Romans 8:12-13** – Owe flesh nothing!

B. **Shallow Christians are not happy.**

1. I was not happy eight years ago.

III. **Leave The Shallows And Head For The Deep.**

A. **Psalm 7:9** – God tries our emotions and thinking powers.

B. **Luke 5:1-6** – Leave the shallows and head for the deep.

C. **Hebrews 9:8** – To live the inner life, one must not pay heed to the outer life.

1. It does not go away, but you learn to manage it.

D. **Psalm 1:1** – Don't take counsel from the ungodly.

IV. **Learn To “Wait For Emotions To Subside And Then Decide.”**

A. Impulsive decisions can wreck your future.

1. (Share definition of impulse.)
2. Wisdom says, “Do **NOW** what you will be happy with later.”

B. **Romans 8:8** – Are you catering to impulses?

C. **I Corinthians 3:3** – Carnality is catering to the outer man.

1. Are you keeping your outer man or the INNER MAN happy?

D. Are you addicted and feeding your habit?

1. Excitement
2. Self-Pity

E. **John 21:3** (KJV) – “I go a fishing.”

## V. Emotions And Integrity

A. **Psalm 15:4** – God honors those who swear to their own hurt and change not.

B. **Ecclesiastes 5:2-7** – The importance of following through and completing what you started

C. **Hebrews 4:12** – The Word judges or discerns the thoughts and intentions of a man.

**DO WHAT YOU KNOW IS RIGHT –  
NOT WHAT YOU FEEL LIKE DOING.**

## VI. Today’s Demons And How They Affect Our Minds And Emotions

A. **I Corinthians 4:3-4** – Paul did not **feel** guilty, but he knew that did not mean he wasn’t.

B. **ONE MAY FEEL GUILTY AND NOT BE,**

**OR**

**ONE MAY FEEL JUSTIFIED AND YET BE WRONG.**







# Emotions And Change

## I. The Certainty Of Change

A. **Hebrews 1:10-12** – Everything around us changes. Only God remains the same.

1. **Psalm 102:25-27**

B. We want change and yet resist it.

1. We ask God to change us and throw a fit when He tries.

C. **Hebrews 12:26-29** – Shakings will continue until all that remains is stable.

1. **Isaiah 2:22; 3:1** – Pulling out the **props**

2. As **twigs**, we need props – but not as **trees** (**Isaiah: 3:1; 61:3b**).

3. Don't get addicted to your props.

D. Moses did everything for the people, but Joshua took them in.

1. **Joshua: Chapter 1**

2. When they crossed the Jordan, **NO MORE MANNA FELL.**

## II. Rooted And Grounded

A. **I Peter 5:8-9** – Firm, established, strong, immovable, rooted, and grounded

1. “**In Christ**” – not in compliments, people, places, positions, or even promises

2. The devil has the upper hand until we are stable.

- B. Rooted and grounded in His love
  - 1. **Romans 8:33-39** – In hard times
  - 2. **Ephesians 3:17b** – *May you be rooted deep in love and founded securely on love.*
  - 3. **Colossians 2:7** – Have the roots of your being firmly planted “in Him.”

## **GOD DOES NOT CHANGE HIS MIND ABOUT LOVING YOU.**

### **III. Stability Is Warfare.**

- A. **Philippians 1:28**
- B. **Psalms 94:12-13**
- C. **Exodus 14:13-14**
- D. **Proverbs 24:21** – Don’t associate with those given to change.

## **THIS, TOO, SHALL PASS!!**

### **IV. Things We Can Expect To Change That Cause Emotional Upheaval**

- A. Ourselves
  - 1. **Job 14:14** – . . . *All the days of my warfare and service I will wait, till my change and release shall come.*
  - 2. We change progressively from glory to glory.
- B. Relationships
  - 1. Children grow up and want a new relationship with parents.
  - 2. **John 2:24** – Friends sometimes change toward you.

C. Our physical body changes.

1. Gray hair
2. Change of life
3. Aging

## V. Soul-Ties

A. Proper

1. Example: David and Jonathan's friendship

B. Improper

1. Immoral sexual bonding; pouring your life into a person, place, position, or thing rather than God

A bond forged in iniquity opens a door for Satan to take a "Right Principle" and pervert it.

C. Broken through understanding, repentance, and specific prayer





