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MINISTRIES®

# 2 THINGS WE MUST DO “AT ALL TIMES”

## Teaching Notes by Joyce Meyer

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# 2 THINGS We Must Do *“At All Times”*

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# TWO THINGS WE MUST DO “AT ALL TIMES”

## I. Bless The Lord And Give Thanks.

- A. **Psalm 34:1** – *I will bless the Lord at all times; His praise shall continually be in my mouth.*
- B. **Ephesians 5:20** – *At all times and for everything giving thanks in the name of our Lord Jesus Christ to God the Father.*
- C. **I Thessalonians 5:18** – *Thank [God] in everything [no matter what the circumstances may be, be thankful and give thanks], for this is the will of God for you [who are] in Christ Jesus . . .*
- D. **Hebrews 13:15** – At all times offer up the sacrifice of praise – the fruit of lips gratefully acknowledging Him.
- E. Remember that the giving of thanks is the opposite of complaining.
  - 1. **Philippians 2:14** – Do ALL THINGS without complaining.
- F. Praise and worship is the believer’s BATTLE POSITION.
  - 1. **II Chronicles 20:15-24** – Jehoshaphat won his battle.
  - 2. **Romans 4:18-20** – Abraham was under attack, but he stayed strong through giving praise and glory to God.

## II. Resist The Devil At All Times.

- A. **I Peter 5:8** – *Be well balanced (temperate, sober of mind), be vigilant and cautious **at all times** . . .*

1. But I don't want to do it all the time; sometimes I get battle weary!!!
  2. That is exactly what Satan is counting on. He seeks to wear you out.
- B. Mind-sets are very important. Set your mind and keep it set!!
1. Set your mind: "Satan will come against me, but he will not defeat me or stop me!"
  2. **I Thessalonians 2:1-18** – Examples of how Satan opposed the apostles
  3. **I Thessalonians 3:3-5** – These afflictions are unavoidable; and, in fact, they are our appointed lot.
- C. **Galatians 5:17** – Flesh and spirit are **continually** opposed to one another.
- D. **Resist** – To be steadfast in the faith, you must keep on believing God from faith to faith!!
- E. What do we experience as Christians?
1. Attacks
- I Corinthians 10:13** – But be encouraged because God never allows more to come on us than what we can bear.

### III. A Variety Of Attacks And Temptations

- A. **Luke 4:1-13** – Satan tried a variety of attacks on Jesus, then went away to wait for a more opportune time.
- B. **Mark 4:15-19**

1. **Verse 15** – Perhaps through judgment toward the minister or offense at something concerning the minister or message or meeting
  2. **Verse 17** – Trouble or persecution
  3. **Verse 19** – Cares and anxieties of this world and distractions of the age
- C. Physical attack
- D. Mental attack
1. Worry, fear, reasoning, anxiety, panic, etc.
- E. Emotional attack
1. Anything to get us emotionally upset
  2. Anything to get us emotionally downcast
- Jeremiah 18:20** – The enemy has dug a pit for my soul.
- F. Resisting various temptations that are carnal
1. Pride, jealousy, anger, offense, bitterness when disappointed, resentment of others blessings and our pain, unforgiveness, and strife
    - a. **I Corinthians 3:3**
    - b. **Ephesians 4:31**
  2. **Galatians 5:1** – Stand fast.
  3. Watch and pray (watch – spiritual alertness, keep, or preserve).
    - a. **Matthew 26:41**
    - b. **Mark 13:33-37**

- G. Rebellion is another major attack.
- H. Financial strain
- I. Attacks through people (people problems)
  - 1. Persecution and gossip
  - 2. Dealing with people that are hard to deal with
- J. Spiritual blahs
  - 1. Don't want to pray, read, study, confess, go to church, etc.

#### **IV. The Answer Is To Press And Praise “At All Times.”**

- A. **Philippians 3:14** – I press toward the mark.
- B. **Mark 5:27-30** – The woman with the issue of blood
- C. To give birth, one must push.
- D. But the flesh is lazy. It seeks ease.
  - 1. Make yourself do what is right. You will be glad you did later on!



