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I CAN DO ALL THINGS THROUGH CHRIST

Teaching Notes by Joyce Meyer

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I CAN DO ALL THINGS THROUGH CHRIST

Foundation Scripture:

Philippians 4:13 – I can do all things through Christ Who strengthens me.

I. Get Along With People!

A. **Philippians 4:1-3** – Be agreeable, not disagreeable.

1. **Philippians 2:2-4**

2. Selfishness causes strife and disagreement.

B. Don't get **upset** when you don't get your way.

1. **II Corinthians 13:11** – Remain peaceful to enjoy God's presence.

2. You can do it **through Christ**.

C. **Romans 12:16** – Live in harmony.

1. Humility will adapt and adjust.

D. Stop thinking and saying, "I just can't get along with you."

1. **Through Christ** you can do all things.

II. Calm Down And Cheer Up.

A. **Philippians 4:4** – *Rejoice in the Lord always ... again I say, Rejoice!*

1. Paul wrote this from prison.
 2. **Psalm 37:4** – Delight yourself **in the Lord**.
 3. You may not be able to rejoice or delight in all your circumstances – but you can **in the Lord**.
 4. **Philippians 3:1** – Continue to rejoice that you are in Him.
- B. **Philippians 4:6-7** – Keep your peace.
1. Tell God what you want or need and trust Him to do it His way and in His timing.
- C. **John 16:33** – Cheer up, I have overcome the world.
- D. **John 14:27** – Calm down.
- E. Concentrate on keeping your joy, not fixing your problem.
1. **Nehemiah 8:10** – . . . *the joy of the Lord is your strength.*
 2. The devil can steal your goods, but he can't take your joy if you refuse to give it to him.
- F. God's will is for you to be happy, joyful, and glad.
1. **John 10:10**
 2. **John 16:24**
 3. **John 17:13**
- G. **John 15:11** – Peace precedes joy.
- H. **Colossians 3:15** – Let peace rule as an umpire in your life.
1. **Philippians 4:8** – Right thoughts lead to peace.

III. Learn To Be Content.

A. **Philippians 4:9-13**

B. Trust God, not riches.

1. We can have riches, but we are not to trust in them.
2. If we trust God, then we can have riches or temporary setbacks and be content.
3. Joy and peace are impossible for the discontented person.

C. **GOD IS OUR SOURCE**, and **He** uses various channels to bless us and meet our needs.

1. When one brook dries up, He just finds a new channel to flow through.
2. **I Kings 17:1-9** – During famine, Elijah was fed by ravens and a poor widow.

D. **II Peter 3:14** – He wants to find us in peace when He comes.

E. Stay in faith.

1. **Luke 18:7-8**

F. Calm down – Cheer up – Be content.

**YOU CAN DO ALL THINGS THROUGH
CHRIST WHO STRENGTHENS YOU!**

